



DEPAUL

Annual
Report
2023



*Rise above
the storm
and you
will find the
sunshine.*

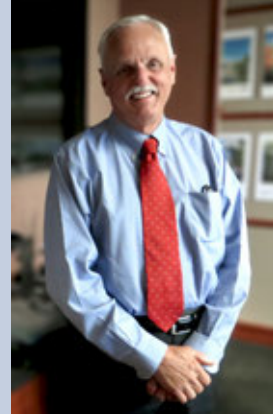
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Our Mission

DePaul, a progressive, private not-for-profit organization founded in 1958, is committed to providing quality care including assisted living services for seniors; residential and support services to persons with mental illness in recovery, some of whom have a history of homelessness; residential and support services for Veterans, addiction prevention and support services, vocational programs and affordable housing.

DePaul assists individuals in achieving their optimum level of independence and success in the environment of their choice, while remaining sensitive to assessed community needs and available resources.



Dear Friends,

After every storm lies an opportunity for growth, resilience, and ultimately, a chance to rise above the clouds. DePaul has been a beacon of hope, helping vulnerable populations rise above the proverbial clouds and illuminating a path to a brighter future since 1958.

Despite the challenges presented by an ever-changing landscape, we remain committed to enhancing lives with essential services and programs aimed at uplifting and empowering those we serve by turning challenges or limitations into possibilities. Continued growth and sustainability requires resilience and stewardship, as well as creativity, diversification, and the willingness to seek new opportunities.

As a catalyst for fresh starts and continued success, DePaul remains steadfast in our commitment to empathy, dignity, respect, independence, equality, inclusion and quality care. Our priority is to always understand the needs of those we serve and seek out ways to continuously better our communities and our world.

Together, we embrace the possibilities both great and small stretching endlessly before us and recognize that we could not do so without the help of our partners, funders, donors, supporters, dedicated staff, board members, and friends of DePaul. Because of you, our organization is a guiding light for so many. Thank you.

Sincerely,

A handwritten signature in blue ink, appearing to read "Mark H. Fuller".

Mark H. Fuller
President, DePaul

Rising Above the Storm

DePaul's dedicated team was able to persevere through many challenges, continuing to provide the highest quality care throughout 2023, and for that we are immeasurably grateful.

In January 2023, Governor Kathy Hochul presented "hero awards" for unwavering service during the historic snowstorm that occurred in Buffalo over the 2022 winter holidays. Several DePaul staff members were honored including Seneca Square Medication Coordinator Telisia Mosley-Latson, Senior Program Director Heidi Augustyn and Seneca Square Program Director Mary Kay Rusinski, pictured below from left to right. Mary Kay Rusinski was also recognized on the Supportive Housing Network of New York's (SHNNY) Instagram and X (Twitter) for demonstrating extraordinary leadership, compassion and dedication during the storm.

"The level of care and dedication that staff showed for the residents, for each other, and DePaul is not able to be put into words. The true strength of their character and heart were revealed during this storm," said Kensington Square Program Director Carolyn Cauthen.



Pictured on the right is Michelle Laraby, Administrator of Liberty Square in Batavia, who was honored with the Unsung Hero Award from the Homeless Alliance of Western New York at a luncheon in December 2023. The award is given to an individual whose quiet and diligent efforts had an incredibly positive impact on the lives of homeless individuals and families.



DePaul Affordable Housing Programs

Quality, stable, affordable housing – it’s a critical social determinant of health and a fundamental human need that helps not only individuals but communities. DePaul Properties, Inc. develops and operates attractive, affordable housing solutions in urban, suburban and rural settings, along with supportive services that help people live more stable, productive lives. Every day, we see community relationships thrive and individuals triumph, taking pride in their new homes.

DePaul recognizes that many societal inequities exist when it comes to accessing safe housing, adequate food, healthcare, education and needed supports. DePaul is determined to evolve with the ever-changing world, providing additional resources and services that meet growing needs and foster independence.



Governor Kathy Hochul (center) spoke at the **Upper Falls Square Apartments** in Rochester about building safe, healthy, affordable housing across New York State and a plan to prevent childhood lead exposure. Pictured with the Governor is Executive Director/Vice President of DePaul Properties, Inc. Gillian Conde (left) and Operations Manager Melissa O’Geen.



Photo credit: Gene Avallone

The **Lock 7 Apartments** in Oswego opened in September 2022 containing 80 units for income-eligible tenants with 40 Empire State Supportive Housing Initiative (ESSHI) units. As of April 2023, the building was fully occupied.

The Lock 7 Apartments were awarded Project of the Year Upstate by the New York State Association for Affordable Housing (NYSFAH)! The award was presented at an event on November 1, 2023 and received praise from Commissioner/CEO of New York State Homes and Community Renewal RuthAnne Visnauskas who is pictured above with DePaul President Mark Fuller.

“I am so pleased to present this significant award to DePaul’s Lock 7 Apartments. For over 60 years, their organization has provided hope and changed lives with their services for underserved populations. Congratulations on this well-deserved honor recognizing your life-changing housing and your incredible staff!”

Opened ...

The **Veddersburg Apartments** in Amsterdam opened in June 2023. The building has a total of 62 units for income-eligible tenants including 31 ESSHI units.

The **Holland Circle Apartments** in Amsterdam opened in August 2023. The five buildings contain a total of 48 units for income-eligible tenants including 27 New York State Office of Mental Health units operated by the Mental Health Association in Fulton & Montgomery Counties.

The **Port Byron Apartments** in Port Byron contain 69 units for income-eligible tenants with 30 ESSHI units. The apartments replaced the former 39-unit Church Street Apartments which were demolished in early November 2023.

The Port Byron Apartments were awarded LEED for Homes Gold Certification from the U.S. Green Building Council in October. The LEED (Leadership in Energy and Environmental Design) rating system is the foremost program for buildings that are designed, constructed, maintained and operated for improved environmental and human health performance.



Finished Construction ...

The **Batavia Apartments** in Batavia added 20 ESSHI units for income-eligible tenants, bringing the existing 42 units to a total of 62 units. The building was renamed to the **Charles J. Lesh, MD Apartments**.

Continued Construction ...

Pan-American Square on Delaware Avenue in Buffalo is a relocation of beds from McKinley Square, a DePaul Community Residence–Single Room Occupancy (CR-SRO) Program also located in Buffalo. Plans include increased energy efficiency design features for 150 units for income-eligible tenants with 20 ESSHI units and 80 CR-SRO units.

Began Construction ...

Construction began on the **Mosaic Apartments** in Schenectady. The project will consist of two sites with 60 total units including 30 ESSHI units. A groundbreaking ceremony was held in November 2023.



DePaul Mental Health Residential & Support Programs

Since 1958, DePaul has been dedicated to providing services, support and hope to persons with a mental health diagnosis. Housing is a recognized cornerstone for recovery, offering stability, access to resources, and a foundation for independence and success. New York State is home to a variety of DePaul housing options with varying degrees of independence including licensed congregate treatment sites, apartment treatment programs, community residence—single room occupancy programs, supportive housing and transitional housing.



Approximately \$3 million in renovations were completed at **Edgerton Square** in Rochester, DePaul's first Community Residence—Single Room Occupancy (CR-SRO) Program which opened in 2000.



DePaul Reintegration Support Team

The DePaul Reintegration Support Team (DRST) was established in 2019 to serve residents of DePaul's mental health residential programs in Erie County. The team assists DePaul residents in acclimating to new living situations and in obtaining necessary skills that allow the achievement of maximum levels of independence.

Residents of Seneca Square in Buffalo share their positive experiences running a store started by the DRST:

"I learned that I am stronger than I thought I was before."

"It has helped me with my confidence and working with other people."

"I enjoy feeling productive for a worthy cause."

The DRST served 196 clients and provided 575 groups at the Erie County CR-SROs.

Care Management Program

More than 200 clients were served by DePaul Community Services and Living Opportunities of DePaul. Forty-three individuals were served at the Health Home Plus level of intensive services and seven graduated to a less intensive level of services.

Care Management supported staff education and development by continuing to host bachelor's level Psychology students from Niagara University.

Care Management served 211 clients.



DePaul Recreation

Activity, whether it be creative, social or physical, can play a vital role in recovery for those with a mental health diagnosis. DePaul has long recognized the key importance of recreation and the resulting health benefits.

DePaul's Recreation Program provides support to our Monroe County Mental Health Residential Programs and at the administration building in Rochester. Day programs are provided two days per week offering small group activities, games, crafts, sports, outings and team experiences such as the 16th Annual Brian Salerno Memorial Basketball Tournament.

Every month, the Recreation Program personally delivers each resident a birthday card and special treat/goodie bag with an in-person 'Happy Birthday' wish!

DePaul residents and staff participated in the 2023 NAMI Walks Rochester in May which is Mental Health Awareness Month. DePaul sponsored the event and the team also raised \$550 through fundraising efforts.

DePaul's Recreation Program had 3,920 social participants and 6,000 participated on-site and off-site.



Hopelink at Shelter Cove

Hopelink at Shelter Cove in Churchville is a short-stay residence in which individuals who are hospitalized have exclusive access to a unique residential alternative upon discharge from the medical hospital.

Forty-six clients discharged from UR Medicine/Strong Memorial were served in 2023 with the average stay being 87 days.

Thirty-nine clients were discharged in 2023. Of those, 69.23 percent graduated (up from 60 percent in 2022). The remainder of individuals were readmitted to a medical unit at Strong, to inpatient psychiatric services or into other residential shelter-like settings.

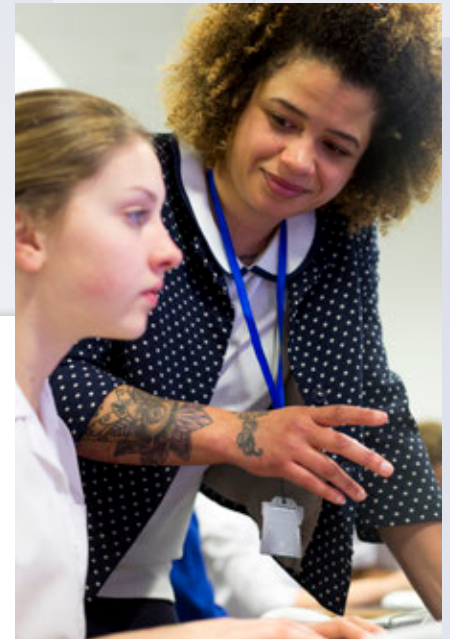
Hopelink at Shelter Cove served 46 clients.

WorkGuide, a DePaul Vocational Program

WorkGuide provides essential linkages for persons with a disability seeking employment. The program matches consumers' talents and abilities with positions at well over 100 employers in Monroe County. WorkGuide's Vocational and Supported Employment Programs guide people in successfully entering or reentering the workforce, providing supports that assist in overcoming obstacles and eradicating stereotypes that can surround employing persons with a disability.

Placements included a wide assortment of jobs ranging from entry-level positions in retail and food service to careers requiring degrees. Hiring rates ranged from minimum wage for entry-level positions to the highest being an annual income of over \$71,200.

As of August 2023, Ongoing Integrated Supported Employment (OISE) extended funding for WorkGuide's Supported Employment Program.



- **WorkGuide served 559 people across all employment programs.**
- **283 participated in placement services.**
- **44 people received Intensive Job Coaching support.**
- **56 people reached the 90-days-employed milestone.**
- **107 people enrolled in Work Readiness and Self-Advocacy classes.**
- **Six people graduated from the Supported Employment Program.**



Representative Payee Program

DePaul is certified to serve as a representative payee for interested individuals residing in Erie, Monroe, Ontario and Wayne counties. When someone requires assistance in managing their money, DePaul can be appointed to serve as a representative payee ensuring that income is used for the personal care and well-being of the individual DePaul is representing.

- **735 clients served through Living Opportunities of DePaul.**
- **750 clients served through DePaul Community Services.**

DePaul Senior Living Communities

As part of our mission-driven commitment to serving the elderly, DePaul's five senior living communities in Western New York provide assisted living, memory care and independent living options where residents enjoy the comforts of home, a commitment to enhancing quality of life, and personal care services in supportive environments that foster community while promoting independence.

DePaul proudly served 11 centenarians in 2023!

Pictured right is Howard, a resident of **Wheatfield Commons** in North Tonawanda, who celebrated his 102nd birthday. Howard was featured in the Ken-Ton Bee!

Heritage Manor of Lockport raised nearly \$1,700 for Diamonds in the Ruff Animal Rescue at the Annual Multi-Family Yard Sale.

DePaul seniors believe in making a difference and giving back! **Glenwell** staff in Cheektowaga raised \$5,988 for the Alzheimer's Association of Western New York's Walk to End Alzheimer's in September.

Woodcrest Commons was featured on a 13 WHAM Bright Spot video highlighting the September carnival. Residents, family and staff enjoyed a petting zoo from Stokoe Farms, LuGia's Ice Cream, snow cones, popcorn, a dunk tank, games, prizes and more!

In its commitment to provide welcoming, homelike environments to those in our care, DePaul concluded renovations at **Westwood Commons** in North Chili and celebrated with a ribbon cutting ceremony. Improvements included paint, lighting and new furnishings.



National Council on Alcoholism and Drug Dependence - Rochester Area

The NCADD-RA works to reduce the impact of alcohol, other drugs and problem gambling by providing education, information, support and referral services to individuals, families and the community.

NCADD-RA was the grateful recipient of the State Strategic Opioid Response Grant. The council completed multiple Substance Abuse Prevention and Treatment grants for Infrastructure, Workforce and Stabilization. Also included was a grant for a paid Prevention intern through December 2023.

NCADD-RA celebrated the 75th (Plus Two) Annual Luncheon in May 2023. Keynote Speaker Dr. Kevin McCauley presented “Psychoneuroimmunology: Where Stress, Trauma & Addiction Intersect.” This was NCADD-RA’s first luncheon since May 2019 with the largest attendance at 220!

NCADD-RA Services include:

- Addictions Counselor Credential Training
- Team Awareness Workplace Wellness
- Community Presentations
- Finger Lakes Addiction Resource Center
- Finger Lakes Prevention Center
- Hispanic Prevention Education Program
- Total Approach Family Program



Construction continued on **Center City Courtyard** in Rochester and the **Huntington Apartments** in Seneca Falls. Both will include ESSHI units for Veterans experiencing housing instability operated by Eagle Star Housing.

Eagle Star Housing

Eagle Star Housing (ESH) affiliated with DePaul on July 1, 2023. Services offered by ESH include Transitional Housing Programs and Permanent Supportive Apartment Programs. Transitional Housing Programs support Veterans on their journey to find permanent housing within three to six months. Permanent Supportive Apartment Programs offer a unique opportunity for increased support prior to transitioning to independent housing.

“I have a great home, transportation, and the support of a wonderful community. I am so thankful to have found Eagle Star Housing during my time of need.”

“Eagle Star Housing staff make sure I get what I need! There’s nothing I can’t ask for.”

2023 Remember Garden Clean Up



2023 Making Strides
Against Breast Cancer Walk



2023 Out of the Darkness
Walk for Suicide Prevention

2023 DePaul Board Members

Kelly L. Adler, MEd, ATC
UR Medicine: Department of
Orthopedics & Rehabilitation

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Chairperson, DePaul Group
Anthony L. Jordan Health
Center – Retired

Brenda A. Bremer, M.D.
Private Practice

Kelley Ross Brown, Esq.
Vice Chairperson, DePaul Group
Woods, Oviatt, Gilman LLP

Jamie Catalfamo
Equitable Advisors

Timothy M. Culhane
*Chairperson, Audit and
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Deloitte & Touche – Retired

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Bergmann Associates

Timothy D. Dieffenbacher
Broadstone Net Lease, Inc.

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Monroe County Office of
Mental Health – Retired

Anthony Di Giovanni, IV
New York School for the Deaf

Lisa B. Elliot, Ph.D.
Rochester Institute of
Technology – NTID

Lisa Famiglietti
Kuno Creative

Melissa L. Farrell
Spectrum Health &
Human Services

Gabriel Geiger
Secretary, Affiliates Board
Lifespan of Greater Rochester

Peter Feltner
The Feltner Group

Gabriel Geiger
Lifespan of Greater Rochester

Michael Grammatico
*Board President,
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Merrill Lynch

Justin Hept
Accurate Acoustical

Jared P. Hirt, Esq.
Evans Fox, LLP

Christopher G. Humphrey
*Vice Chairperson,
Affiliates Board*
Community Bank N.A.

Adam Jones
Premium Mortgage Corporation

Ellen B. Kremer
Social Worker – Retired

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Secretary, DePaul Group
Lamb Law Offices

Robert G. Lamb, III, Esq.
Secretary, Eagle Star Housing
Lamb Law Offices

Louis J. Litzenberger
Greece Central School District
– Retired

Daniel G. Loughran
Vice President, Eagle Star Housing
– Retired

Michael Mallaber
Canandaigua National Bank
& Trust

Matt McAlpin
McAlpin Industries, Inc.

Dr. Keith McGriff
Glove House, Inc.

Kevin M. Mucci
Chairperson, Affiliates Board
J.D. Chapman Agency, Inc.

Komekia E. Peterson
University of Rochester

Gerald J. Scott
New York State Office of
Mental Health – Retired

James R. Yarrington
Rochester Institute of
Technology

Joshua Pryor
Wealth Enhancement
Group QCI Team

Keith Roth
Allstate Insurance



DePaul Overall

DePaul, founded in 1958, serves 16 counties and more than 5,000 people, and employs 998.

DePaul Beds/Units

Affordable Housing: **1,687**

(includes 357 ESSHI units and 147 SP-SRO units)

Mental Health Residential: 1,918

Apartment Treatment Program: **314**

Community Residence

– Single Room Occupancy Programs: **575**

Crisis Apartments: **23**

Licensed Congregate Treatments Sites: **30**

Single-Site Supported Housing: **504**

Supportive Scattered-Site Housing: **460**

Transitional Housing: **12**

Senior Living: 562

Senior Living Communities: **538**

Independent Senior Living: **24**

Veterans Residential: 198

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Visit DePaul on Facebook, Instagram, LinkedIn, Pinterest, X (Twitter), YouTube, our Blog and at

www.depaul.org



Staff at DePaul is
the best I've ever had!

Everyone on staff have been very helpful with the information I have asked for and helping me getting situated and as comfortable as possible.

DePaul is a very caring Program the staff here are so compassionate and so nice I appreciate living here so much it is beyond my wildest dreams. Thank you for helping me I embrace it all

I enjoy living here, this program has helped me in my recovery and I truly am grateful for being able to participate in this program and call this place HOME!

Thank you for giving me and my baby girl a better life especially Meghan and Gabrielle for all of the help you have given us. Just thank you so much for everything!

This program has been a life saving program I'm so thankful for it.

The staff always make sure I'm safe

We only been here for a little over a month, but so far, the staff have been extremely kind, friendly, helpful, and as always there to listen. I love it here.

President of DePaul is Mark H. Fuller. Copywriting, editorial and design by Monica Bulger, Amy Cavalier, Justine Smith and Crissy Welzen.