



[www.depaul.org](http://www.depaul.org)



*A Community Support Organization*

## Our Mission

DePaul, a progressive, private, not-for-profit organization founded in 1958, is committed to providing quality services including assisted and independent living services for seniors; residential, rehabilitation and treatment services for persons with mental illness in recovery, some of whom have a history of homelessness; addiction prevention and support programs, vocational programs and affordable housing. DePaul assists individuals in achieving their optimum level of independence and success in the environment of their choice, while remaining sensitive to assessed community needs and available resources.

# Services Across Our Spectrum

## Addiction Prevention and Support Services

National Council on Alcoholism and Drug Dependence

– Rochester Area

## Affordable Housing

## Mental Health Residential Programs

Apartment Treatment Programs

Community Residence—Single Room Occupancy Programs

Licensed Congregate Treatment Sites

Permanent Supportive Housing for the Homeless

Single-Site Supportive Housing Programs

Supportive Scattered-Site Housing Program

## Support Programs

Care Management

DePaul Hopelink Program

Recreation

Representative Payee Program

## Senior Living Communities

Independent Senior Living Apartment Community

Licensed Adult Homes for Seniors

Memory Care Units for those with Alzheimer's disease  
and other forms of dementia

Specialized Assisted Living Programs (ALP)

## Vocational Services

WorkGuide



# Affordable Housing



## Who We Are

DePaul Properties, Inc. develops and operates a variety of well-designed, professionally-managed supportive housing options in urban, suburban and rural locations. Sites provide successful, cost-effective combinations of affordable housing along with services that help people live more stable, productive lives. These environments promote respectful community relationships while delivering supportive services to people in need. Apartments are located throughout New York state.

## Our Philosophy

DePaul Properties, Inc. provides permanent housing solutions along with supportive services that promote self-reliance. On-site support services are available that assist tenants with making linkages to community services and teaching skills that support independence.

## Our Sites

Our sites have either studio, one- or two-bedroom apartments and townhomes depending on the location. Apartments feature a fully equipped kitchen with a range, refrigerator and microwave, and a wall-mounted flat screen TV including local channels, basic cable service or cable hook-ups. Heat, hot water, air conditioning and electric are included in the rent. There is off-street parking and buildings are smoke free with designated smoking areas provided outdoors. Tenants typically have access to a computer room, a community room and community laundry facilities that are available at no cost to the tenant. Income and occupancy requirements apply.

# Addiction Prevention and Support Services

## National Council on Alcoholism and Drug Dependence – Rochester Area (NCADD-RA)

As one of over 90 nationwide affiliates, NCADD-RA is a local branch that provides research and evidence-based substance use disorder and problem gambling prevention services to a diverse population through education, support, resources, advocacy and referral. The program also provides a wide array of training opportunities for professionals in schools, health and human service agencies and the community, as well as laypeople.



### NCADD-RA Services

Addictions Counselor Credential Training

Community Education and Advocacy

Finger Lakes Addiction Resource Center

Finger Lakes Prevention Resource Center

Hispanic Prevention Education Program

Individualized Alcohol and Other Drug Education Class (One-on-One Education)

Resources and Referrals

Team Awareness Workplace Wellness

Total Approach Family Program

NCADD-RA staff provide community education and awareness presentations on a variety of addiction-related topics tailored to requesting school or community groups.

Substance use disorders affect all of us directly or indirectly. For every person who has been impacted, there are many others – family, friends or colleagues whose lives are disrupted by the effects of addiction.



NCADD-RA is the oldest Council in New York state and has been recognized as a program of longevity and excellence, providing services in Rochester and Monroe County since 1946. For more information visit [www.ncadd-ra.org](http://www.ncadd-ra.org).

# Senior Living Communities



DePaul has senior living communities throughout Western New York that provide assisted living services. Some of the communities have Memory Care Units for those with Alzheimer's disease and other forms of dementia, as well as specialized Assisted Living Programs (ALPs).

DePaul Senior Living Communities are licensed adult homes that offer the comforts of home, a commitment to enhancing quality of life, and personal care services in supportive environments that promote independence.

For more information visit [www.depaul.org/senior-living/](http://www.depaul.org/senior-living/).

## We offer:

Furnished private and semi-private rooms

Nutritious meals

24-hour access to staff

Assistance with the activities of daily living, as needed

Assistance with medication management

Housekeeping and laundry services

A full schedule of activities, outings and worship services

Beauty/barber shop services

Community support services and budget planning, as necessary



DePaul also has independent senior living apartments.



# Mental Health Residential Services



## Licensed Congregate Treatment Sites

Licensed Congregate Treatment Sites provide a comprehensive level of staff support, while encouraging independence, in a program licensed by the New York State Office of Mental Health. The program is sometimes the entry point to all certified programs and provides 24-hour on-site staffing, meals, support, advocacy, and recovery-oriented services.

To further enhance self-esteem and growth, an emphasis is also placed on consumer involvement in activities outside the residential setting including personalized recovery-oriented services programs, vocational programs, school, and competitive and non-competitive employment. This level of care is provided in Erie and Monroe counties.



## Apartment Treatment Programs

Apartment Treatment Programs provide the highest level of independence in a licensed program. The program is designed to be a preparatory step before the individual begins to live independently in the community.

An emphasis is placed on increasing personal initiative and self-reliance. Staff make routine visits and are available 24-hours a day in case of emergency. This level of care is provided in Erie, Genesee, Monroe, Orleans and Wyoming counties.

For more information visit [www.depaul.org/mental-health-residential/](http://www.depaul.org/mental-health-residential/).



## Community Residence-Single Room Occupancy (CR-SRO) Programs

Community Residence-Single Room Occupancy Programs provide housing in a service-enriched, recovery-oriented setting to adults with a psychiatric disability. The programs are licensed by the New York State Office of Mental Health and have a residential atmosphere with individual bedrooms, inviting common areas and outdoor courtyards.

Other services include 24-hour staffing, daily living skills training, crisis management, medication management; linkages to medical and dental care and health education services; social/recreational assistance, and vocational/educational services, among others. This level of care is provided in Erie and Monroe counties.



## Single-Site Supportive Housing Programs

Single-Site Supportive Housing Programs are non-certified New York State Office of Mental Health programs that provide long-term or permanent housing where residents can access the support services they require to live successfully in the community. This level of care is provided in Albany, Erie, Genesee, Livingston, Monroe, Niagara, Oneida, Ontario, Schenectady and Wyoming counties and in sites currently under construction and development in other counties in New York state.

## Support Programs

### Supportive Scattered-Site Housing Program

The Supportive Scattered-Site Housing Program is a non-certified New York State Office of Mental Health program that secures permanent housing for adults with a psychiatric disability. Staff provide resources for consumers with limited incomes to successfully find housing that meets their needs. Individuals receive a furnished apartment, linkages to necessary community supports, and advocacy. This program is funded by the New York State Office of Mental Health and the county departments of mental health in which this level of care is provided, including Erie, Genesee, Monroe, Niagara, Orleans and Wyoming.

### Permanent Supportive Housing Program for the Homeless

Funded by the Department of Housing and Urban Development and the New York State Office of Mental Health, the Permanent Supported Housing Program for the Homeless offers permanent housing options to consumers who are homeless and have a psychiatric disability. Staff collaborate with recipients to locate and secure apartments, establish households by helping to purchase furniture and household items, develop a support plan, and identify service gaps while facilitating subsequent linkages. This level of care is provided in Erie County.

For for information on DePaul's Support Programs visit [www.depaul.org/support-programs/](http://www.depaul.org/support-programs/).







## Care Management Program

DePaul's Care Management Program provides an extra layer of support for DePaul residents who face medical and/or mental health issues, particularly those experiencing frequent emergency room visits or hospitalizations. Care managers work with clients to identify problem areas and create a plan to improve their overall health. Care managers partner with residential staff as well as a client's current providers in order to streamline care, clarify recommendations, and support clients in following through on recommendations for care. This service is provided in Erie and Monroe counties.



## Recreation Program

The Recreation Program represents DePaul's commitment to a holistic treatment approach that emphasizes the consumer's well-being. The program provides a wide range of recreational services to consumers in Rochester, New York including crafts, games, outings, seasonal sports, shopping, team experiences and themed socials. A day program is also offered.

## Representative Payee Program

DePaul is certified to serve as a representative payee for interested individuals. When someone requires assistance in managing their money, DePaul can be appointed to serve as a representative payee ensuring that income is used for the personal care and well-being of the individual DePaul is representing.



## DePaul Hopelink

The DePaul Hopelink program is non-licensed housing program which provides psychiatric and medical transition beds in partnership with University of Rochester Medical Center/ Strong Memorial Hospital and Rochester Regional Health. The site is designed for adults who are currently hospitalized in one of the hospital systems, are deemed psychiatrically and/or medically stable and no longer require the acute care services provided by hospitals. The program serves as a short-stay solution for individuals who cannot return to their place of residence or lack a permanent residence in the community. The overall goal of DePaul Hopelink is to provide individuals with the support they need upon discharge from the hospital, enabling them to either return to their residence or secure a residence that is compatible with their long-term needs.



# Vocational Services

## WorkGuide

WorkGuide offers a wide range of services to assist students and adults in obtaining long-term employment in their chosen field. Programs are offered in English, Spanish and American Sign Language (ASL) to Monroe County residents who qualify for Adult Career and Continuing Education Services-Vocational Rehabilitation (ACCES-VR).

The program also has certified benefits counselors to help people manage the reporting of employment income, review how income will affect benefits, and offer options to explore individualized benefits planning. For more information visit [www.depaul.org/workguide/](http://www.depaul.org/workguide/).

### Transitional Employment

The Transitional Employment program provides vocational assessments, soft skills training and/or a work experience in the community prior to seeking competitive employment. After successful completion of this work experience, recommendations for vocational services are provided to assist with future vocational goal planning.

#### Services include:

Comprehensive vocational assessment

Work readiness services-soft skills training

Career coaching and development

Resume preparation and interviewing skills

Job development for work experience in the community

Supervised work experience with formal performance evaluations and feedback provided

### Direct Job Placement Services

Job Placement Services assist individuals in navigating the job search process and provide short-term support through their first 90 days of employment.

#### Services include:

Resume preparation and interviewing skills

Job development for paid employment

Career coaching and development

Assistance and support through the first 90 days of employment

### Supported Employment

The Supported Employment program assists individuals with multiple barriers in obtaining and maintaining competitive employment by providing intensive and long-term supports.

#### Services include:

Comprehensive vocational assessment

Resume preparation and interviewing skills

Career development

Job development and placement

Job coaching

Long-term, follow-along services

Education regarding Social Security benefits

### **DePaul Administration**

1931 Buffalo Road, Rochester, NY 14624  
Phone (585) 426-8000 | Fax (585) 426-8082

### **DePaul Community Services**

1931 Buffalo Road, Rochester, NY 14624  
Phone (585) 426-8000 | Fax (585) 426-8082

*Mental Health Residential Services, Supported Scattered-Site Housing Program*

### **DePaul Employment Opportunities/Human Resources**

[www.depaul.org/employment](http://www.depaul.org/employment)  
Phone (585) 426-8000 | Fax (585) 247-7978 | Email: [depaulhr@depaul.org](mailto:depaulhr@depaul.org)

### **DePaul Properties, Inc.**

1931 Buffalo Road, Rochester, NY 14624  
Phone (585) 426-8000 | Fax (833) 291-6510 | Toll free 1-833-420-5265

*Affordable Housing*

### **DePaul Representative Payee Program**

1931 Buffalo Road, Building B, Rochester, NY 14624  
Phone (585) 325-7000 | Fax (585) 730-4017

### **DePaul Senior Living Communities**

1931 Buffalo Road, Rochester, NY 14624  
Phone (585) 426-8000 | Fax (585) 426-8082

*Independent and Assisted Living*

### **DePaul WorkGuide**

1000 University Avenue, Suite 300, Rochester, NY 14607  
Phone (585) 777-3577 | Fax (585) 506-9073 | Email: [workguide@depaul.org](mailto:workguide@depaul.org)

*Vocational Services*

### **Living Opportunities of DePaul**

2475 George Urban Blvd, Suite 201, Depew, NY 14043  
Phone (716) 391-5400 | Fax (716) 608-0131

*Mental Health Residential Services*

### **National Council on Alcoholism and Drug Dependence – Rochester Area**

1931 Buffalo Road, Rochester, NY 14624  
Phone (585) 719-3481 | Fax (585) 423-1908 | Email: [ncadd-ra@depaul.org](mailto:ncadd-ra@depaul.org)

